

## Big Trouble Safety Training

How to use this safety product:

Chad Hymas' Big Trouble Safety Training package features five DVDs and one audio CD. The discs have been chaptered so that you can quickly find the segments that you would like to view. Each DVD menu features a link titled, "How to Use This DVD" that gives additional instructions on how you can effectively use the DVD. Navigation of the DVDs is very intuitive, making your viewing experience virtually painless.

Listed in this guide are "Tech Tips" that will give you tips in navigating through your DVD. Look for the picture of the remote

(  ) and easily find the "Tech Tips" information.

There is a summary of each DVD listed in this guide along with detailed info on each segment. As you view the DVDs and use this guide's segment summaries, you will be able to find what you are looking for quickly. Also listed in this guide are the running times of each clip.

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### Summary of Each DVD

#### 1. Motivational Safety

Chad Hymas is well known as a motivational safety speaker. Included on the "Motivational Safety" DVD are excerpts from many of Chad's live safety presentations. Chad introduces himself and what it means to be a quadriplegic, including details on his life changing accident. He shares humorous, yet moving stories of how everyone in the industry must change the way they view safety. Chad shares stories of how tragedies in the industry could have been avoided, and passionately calls on everyone to watch their co-worker's back.

#### 2. Choices

The "Choices" DVD will give you a unique perspective on how one wrong choice has had an impact on Chad Hymas' family. You will see interviews with Chad's father, brothers, wife and children. They tell personal experiences and stories that will move anyone into a safety conscious state of mind. This disc also includes a short vignette featuring quotes about choice and safety. Various versions of the vignette and interviews have been provided so that you can customize your viewing experience.

#### 3. Up Close & Personal

This DVD features a personal interview with Chad Hymas, and others that work in the safety industry. Safety is no longer just an encouraging word, it is a philosophy that drives a successful industrial culture. Hear the latest ideas in cutting edge safety attitudes, and learn what it takes to motivate employees to go home safe everyday. A list of every question asked in the interviews is included.

#### 4. Big Trouble

This program is Chad Hymas' popular pocket book "Big Trouble" on audio CD. This CD is a convenient way to hear Chad's story while traveling in the privacy of your own vehicle. Chad reads his book for you, and adds a few personal thoughts and words of encouragement. This disc is another powerful way of teaching safety principles through the medium of audio.

#### 5. Chad Hymas Live (Bonus DVD)

Chad Hymas travels around the world speaking to diverse groups of people. Whether they're in small classrooms or packed stadiums, everyone leaves feeling ready to set their own personal world records. A break from his safety message, this DVD features a one hour presentation on motivation that will have you laughing and crying all the while making you want to achieve better results in your personal life.

## 6. Love Has Wings (Bonus DVD)

This DVD shares the unique perspective of Chad and Shondell Hymas as they talk about how they put their lives back together following Chad's tragic accident. This unique story shows how real love can overcome any obstacle. This DVD features heartwarming music that plays to reenactments of Chad's accident. A moving story of a man, and a woman, and their destiny.

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### Individual Disc Guide

#### Disc 1

#### Motivational Safety

Motivational Safety consists of 10 segments. 1-9 are specifically titled, and the 10th segment is an entertaining clip of Chad titled Elk Hunting. The "Elk Hunting" clip may be used purely as entertainment to "warm up" your group, or to teach the principal of having an open mind about change.



**Tech Tip:** Each segment begins with a small number in the lower left corner of the screen so you can visually see which chapter you are viewing. By pressing the chapter button on your remote, you can forward to the next segment.

#### Segment Titles & Times:

- 1-Meet Chad Hymas (5:00)
- 2-Roller Coaster Ride (23:00)
- 3- Look at Ourselves First (11:00)
- 4- I'm Safer Because I Ask (11:00)
- 5- Is It Okay to Laugh? (4:00)
- 6-Skipping Pre-Ops (4:00)
- 7-Open Your Mouth (1:00)
- 8-Look Out for Each Other (4:00)
- 9-Chad's Family (Ending) (19:00)
- Bonus-Elk Hunting and an Open Mind

#### Segment Information:

##### 1) MEET CHAD HYMAS (5:00)

Chad talks about being a Quadriplegic. He gives details about his disabilities.

##### 2) ROLLER COASTER RIDE (23:00)

Preparing for a 513-mile marathon. Funny story about riding a roller coaster in Las Vegas. How that relates to dealing with change. Life before his accident. Details of his safety-related accident. Your choices affect everyone. His boys do something that changes Chad's life.

##### 3) LOOK AT OURSELVES FIRST (11:00)

Accepting personal responsibility. Blaming others. When change occurs, we should look at ourselves first. Adversity is an opportunity to progress.

##### 4) I'M SAFER BECAUSE I ASK (11:00)

We can be safer if we put away pride and communicate. An experiment on how we naturally want to do things ourselves. Opening a bottle of water with no hands. Are you robbing yourself and others of being a safer person?

##### 5) IS IT OKAY TO LAUGH? (4:00)

Video clip that shows someone getting hit with a brick. Is it okay to laugh? It wasn't you. Don't be afraid to communicate with co-workers. Who will choose to change?

##### 6) SKIPPING PRE-OPS (4:00)

A man loses his life. Three men knew he was skipping a pre-op. They had done the same thing. How hard is it to open your mouth?

##### 7) OPEN YOUR MOUTH (1:00)

A fire alarm goes off. Everyone sees a potential hazard. Who said anything? The mentality of opening your mouth.

8) LOOK OUT FOR EACH OTHER (4:00)

How many of you will find yourself with an LTA? You work in an industry of risk. Give your co-workers the opportunity of going home tonight. Look out for each other.

9) CHAD'S FAMILY (ENDING) (19:00)

It's easier to take the low road. See who Chad thinks about as he considers safety. Meet Chad's wife and children. Video clip of Chad's massive change. Early hospital footage. We can reach places we've never gone by changing our beliefs.

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**Disc 2**  
**Choices**

The Choices DVD can be used in various ways. There are three different segments that allow you to show the interviews of Chad's family back to back, or interspersed with quotes on safety and choices.

**Segment Titles and Times;**

- 1-Interviews (14:40)
- 2-Interviews and Quote Mix (13:40)
- 3-Quotes (1:36)

**Segment Information:**

- 1) "INTERVIEWS" (14:40) is the main program. It begins with a message from Chad and then has a 2-minute vignette with quotes on Safety and Choice, followed by the Interviews.
- 2) "INTERVIEWS & QUOTE MIX" (13:40) features the interviews with the Safety and Choice quotes interspersed throughout the program.
- 3) "QUOTES" (1:36) is a vignette of quotes on Safety and Choice without interviews.

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**Disc 3**  
**UP CLOSE & PERSONAL**

Up Close & Personal features four in depth interviews. Tough questions are posed to each of these safety professionals. Questions are listed below.



**Tech Tip:** During interviews, you can press the "chapter button" and forward to each question.

**Segment Titles and Times:**

- 1-Chad Hymas-Motivational Safety Speaker (22:30)
- 2-Mike-Safety Supervisor (9:50)
- 3-Kelly-Industrial Hygienist (11:40)
- 4-Vern-Manager (7:10)

**Segment Information:**

"Chad Hymas" is a 20-minute interview in which Chad shares his latest thoughts and opinions on Safety.

"Mike" is a Safety Supervisor who shares insight on how Safety has changed over the past one and a half decades.

"Kelly" helps employees see Safety through a different pair of eyes.

"Vern" talks about what a Safety Culture really is.

**Questions to Chad:**

1. What does Elk Ranching have to do with safety?
2. How do people relate to your accident?
3. How has the impact on your family affected your current outlook on life?
4. Have you seen growth in the safety culture?
5. What's the big deal if only a few don't believe?
6. What are the most memorable things from your accident?
7. Is there a difference in level of commitment between front-line employees and leadership?
8. Is there any visit to a particular site that sticks in your mind?
9. What are some ways that I can "Watch Your Back?"

**Questions to Mike**

1. Background info
2. What challenges are you seeing with safety?
3. How much does Safety cost?
4. How do you get people to "buy in" to safety?
5. What are you doing when you are out in the field?
6. How are you going to approach someone involved in unsafe behavior?
7. What do you go home to at night?

**Questions to Kelly**

1. Background info
2. What challenges do you see with safety?
3. How do we get people to change their attitudes?
4. How do we get our leadership to "buy in" to the vision of a safe culture?
5. What is your vision of safety?

**Questions to Vern**

1. Background info
2. What changes have you seen in the industry as it pertains to safety?
3. What is the response you get back from promoting safety?
4. What are your personal commitments to your workers?
5. What would you tell your workers if you had a minute with each one?

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**Disc 4****Big Trouble Audio CD**

(see **Big Trouble pocket book**)

Big Trouble is an audio CD that can be played in any CD player and most every DVD player. It is divided into chapters that coincide with the Big Trouble pocket book.

**Segment Titles and Times:**

- 1-Welcome (:23)
- 2-Introduction (1:54)
- 3-Meet Big Trouble (3:41)
- 4- Your Worst Enemy (2:50)
- 5- A Split-Second Decision (5:36)
- 6- Personal Responsibility (4:00)
- 7- Your Brother's Keeper (6:19)
- 8- Dumb Luck (1:45)
- 9-Worst Case Scenario (2:17)
- 10-What You Go Home For (3:32)
- 11-Choose To Live (1:43)
- 12-Wrap Up (:45)

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**Disc 5****Chad Hymas Live  
(Bonus DVD)**

"Chad Hymas Live" is a break from Chad's safety message . Recorded before a live audience, Chad shares what it takes to set personal World Records. This one hour program is motivation at it's very best. "Let Chad Get Connected With Your Audience!"

**Segment Titles and Times:**

Chad Hymas Live (60:00)

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**Disc 6****Love Has Wings  
(Bonus DVD)**

"Love Has Wings" shares the unique perspective of Chad and Shondell Hymas as they talk about details of Chad's accident, and how they put their lives back together again. This unique story shows how real love can overcome any obstacle. This DVD features a bed of heartwarming music played to the re-enactment of Chad's tragic day. It's a story of a man, a woman, and their destiny.

**Segment Titles and Times:**

Love Has Wings (24:00)

**Segment Information:**

Chapter 1- (00:00) Intro

Chapter 2- (01:03) The day before the accident

Chapter 3- (06:25) Finding Chad

Chapter 4-(12:27) Re-enactment

Chapter 5-(15:22) Chad's new life

Chapter 6-(19:21) Vignette